School Lunches

WEEK 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN 1	Chicken Korma and Rice with Naan Bread	Meatballs and Pasta	Ham and Mushroom Pizza with Diced Potatoes	Roast Chicken, Roast Potatoes and Stuffing	Battered Cod and Chips
MAIN 2	Vegetable Risotto	Vegetarian Meat Balls and Pasta	Margherita Pizza with Diced Potatoes	Quorn Fillet, Roast Potatoes and Stuffing	Vegetable Fingers and Chips
CHOICE OF TWO SEASONAL VEGETABLES					
DESSERT	Shortbread	Chocolate Cracknel	Flapjack	Ice Lolly	Dorset Apple Sponge

WEEK 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN 1	Pork and Apple Burger	Hunters Chicken and Potato Wedges	Pasta Bolognese with Garlic and Herb Focaccia	Roast Turkey, Roast Potatoes and Stuffing	Fish Fingers and Chips or Loaded Potato Skins with Tuna
MAIN 2	Vegetable Burger	Cheese and Potato Pastry Wheel	Neapolitan Pasta	Quorn Fillet, Roast Potatoes and Stuffing	Vegetable Fingers and Chips
CHOICE OF TWO SEASONAL VEGETABLES					
DESSERT	Fruit Salad and Ice Cream	Chocolate Brownie with Raspberries	Viennese Biscuit	Iced Vanilla Sponge	Chocolate Oat Biscuit

WEEK 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN 1	Chilli and Rice with Garlic Bread	Sausages and Mash	Macaroni Cheese and Tomato and Basil Focaccia	Roast Chicken, Roast Potatoes and Yorkshire Pudding	Fish Fingers and Chips
MAIN 2	Sweet Potato and Chick Pea Curry with Rice	Vegetarian Sausages and Mash	Quiche Lorraine	Quorn Fillet, Roast Potatoes and Yorkshire Pudding	Vegetable Fingers and Chips
CHOICE OF TWO SEASONAL VEGETABLES					
DESSERT	American Pancake and Sauce	Fruit and Jelly	Arctic Roll with Mixed Berries	Chocolate Crunch	Lemon Drizzle Cake

AVAILABLE DAILY: **Home made fresh bread and salad bar to accompany meal**
Fruit, fat free yoghurt or cheese and biscuits as an alternative to dessert

SEPTEMBER 2019

M	T	W	T	F	S	S
			5	6		
9	10	11	12	13		
16	17	18	19	20		
23	24	25	26	27		
30						

OCTOBER 2019

M	T	W	T	F	S	S
	1	2	3	4		
7	8	9	10	11		
14	15	16	17	18		

ALLERGEN DETAILS AVAILABLE ON REQUEST | MENU SUBJECT TO CHANGE