

#stayhomestayactive #PEatHome

## **EXPLORE**



Find the biggest space you have in your house or garden.

You are going to pretend that your space is a river full of crocodiles!

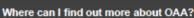
#### Bright ideas:

- Use string, skipping ropes or clothing to mark a river bank on each side of your space
- Find some objects around your house that you could use to cross from one side of the river bank to the other (you could use cardboard, newspaper, pieces of wood, anything safe that you can lift)
- Can you get from one side to the other using the objects, without falling in to the crocodiles?
- Can you get from one side to the other only using two objects?
- Can you hop, step, jump, turn across?

@KESSPB

@awhitehousePE

@SarahLayPE



https://www.britishorienteering.org.uk/goorienteering https://www.ackers-adventure.co.uk/ http://www.coboc.org.uk/

# PRACTICE

Invite your family to play the crocodile challenge!

Tell them that the aim of the game is for all of you to get across the river without falling in to the crocs!



Everyone must start on the same river bank:

- \* If anyone falls in you must all start again!
- \* You can only use the objects you have collected to get across.
- \* You must get yourself and your family to the other side safely and with all of your objects.

### Geography Challenge!



The biggest crocodile ever found is thought to be more than three times the width of a taxi!!

In which countries in the world would you find crocodiles living?

What is the difference between a crocodile and an alligator?

## **DEVELOP**



Can you make the challenge more difficult?

Take away some of the objects and see if you can get across using just two or three items.

Split in to two teams and race against the clock to be the fastest.

Make the game your own.
Change the objects to
different shapes and sizes to make
them more challenging to balance on.
Blindfold one member of the team.
Make the challenge longer.
Only allow hoping, jumping and
going backwards.

Good Luck!

### **PSHE**

Have you enjoyed working as a team with your family?

Did you feel more confident giving instructions as you worked out how to play the game?

Was the game a good way to get your family working together and smiling?

Think about helping and why it is important to listen to instructions whilst you are at home.



### Parent's Tip!

Start with more objects to make crossing the river achievable. As they get more confident use the fewest objects possible to encourage problem solving, communication and teamwork. Allow your child to lead!



Make sure you have enough room and safe objects to complete the tasks!

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