



St Edmund's and St Joseph's Catholic Primary Schools

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*"We learn together in God's love by
encouraging and supporting one another."*

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office/documents 1/trips & events/bikeability/bikeability year 5 2024 st eds.doc

October 2023

Dear Parent,

St Edmund's are pleased to offer Year 5 the opportunity for **Suffolk County Council** to instruct your child up to Level 2 of 'Bikeability' the National Standards of Cycling. We can confirm the cycling course will take place on the dates as follows:

- Monday 18th and Tuesday 19th March 2023 (group A)
- Wednesday 20th and Thursday 21st March 2023 (group B)

Should your child wish to take up the offer, your child will be assessed as to their skills in an off-road environment (level 1). Once the instructors are totally confident with your child's cycle skills they will then commence training on quiet local roads where your child will be instructed in all basic manoeuvres within level 2 of the National Standards of Cycling. This may involve a short ride, off road; to a suitable training site. For detailed information on the manoeuvres that your child will undertake please, refer to www.bikeability.org.uk

Your child will need a roadworthy cycle (please see attached) and will need to wear a suitable cycle helmet. Please check the cycle prior to the course to ensure it fits your child correctly and is safe to ride.

Suitable clothing should be worn by your child. This should be comfortable with narrow bottomed trousers (or cycle clips worn), trainers are ideal footwear for cycling. Training may take place in wet weather so a lightweight waterproof jacket may be advisable. Your child may need a lightweight rucksack for carrying items such as water bottle, jacket etc.

Please note the course is designed to improve cycle control and your child should be encouraged to practise beforehand in a safe environment, especially signalling.

The course will be available to 24 children. If the take up is high, then priority will be given to those who already cycle to school. Remaining places will then be drawn at random from a hat. This course is heavily subsidised but we will be charging £5 for a place. If your child withdraws after a commitment has been made then you will be liable for a £30 surcharge if we are unable to allocate the place to another child.

If you would like your child to take part, please register your interest by ticking the 'consent' option via Scopay. If your child is successful in gaining a place, we will contact you to ask for payment of £5 on scopay – Bikeability. We will confirm if your child has been allocated a place by Friday 27th October 2023.

Yours sincerely,

Maria Kemble

Maria Kemble
Executive Headteacher

